BAGLAN LODGE NURSING & RESIDENTIAL HOME

MENU WEEK ONE

	Sunday	***Monday***	***Tuesday***	***Wednesday***	***Thursday***	***Friday***	***Saturday***
Early Morning	**Tea, coffee, cereal, toast**	**Tea, coffee, cereal, toast**	**Tea, coffee, cereal, toast**	**Tea, coffee, cereal, toast**	**Tea, coffee, cereal, toast**	**Tea, coffee, cereal, toast**	**Tea, coffee, cereal, toast**
Breakfast	**Fruit juice, cereals, porridge, bacon, egg etc. Toast**	**Fruit juice, cereals, porridge, bacon, egg etc. Toast**	**Fruit juice, cereals, porridge, bacon, egg etc. Toast**	**Fruit juice, cereals, porridge, bacon, egg etc. Toast**	**Fruit juice, cereals, porridge, bacon, egg etc. Toast**	**Fruit juice, cereals, porridge, bacon, egg etc. Toast**	**Fruit juice, cereals, porridge, bacon, egg etc. Toast**
Mid Morning	**Tea, coffee, biscuits**	**Tea, coffee, biscuits**	**Tea, coffee, biscuits**	**Tea, coffee, biscuits**	**Tea, coffee, biscuits**	**Tea, coffee, biscuits**	**Tea, coffee, biscuits**
Lunch	**Beef, Yorkshire pudding, roast & boiled potatoes & 2 vegetables** **Apple tart**	**Bacon, egg, mushrooms, tomatoes, potatoes** **Fruit salad**	**Haddock or cottage pie, potatoes & 2 vegetables** **Jam steamed pudding**	**Roast chicken or sausages and onions, potatoes, 2 vegetables** **Cheesecake**	**Braised steak or fishcake, potatoes & 2 vegetables** **Bread & Butter pudding**	**Fish in batter or pastie & chips with peas** **Blackcurrant Tart**	**Turkey roll, potatoes and 2 vegetables** **Milk pudding, or fresh fruit crumble**
Mid afternoon	**Hot of cold drinks** **Fairy cakes**	**Hot of cold drinks** **Bakewell slices**	**Hot of cold drinks** **Chocolate eclairs**	**Hot of cold drinks** **Jam & coconut cake**	**Hot of cold drinks** **Coffee & walnut cake**	**Hot of cold drinks** **Crackers & cheese**	**Hot of cold drinks** **Fruit cake**
Evening Meal	**Cold meat & Fry up** **Sago**	**Chicken curry or Beef & Onion Pie & chips** **Madeira cake**	**Quiche or fish fingers, potatoes, peas** **Rice pudding**	**Macaroni cheese or pork roll, waffles & baked beans** **Jelly & ice cream**	**Tuna or cheese Jacket potato & salad** **Crumble & Custard**	**Meatballs or corned beef with broad beans & potato wedges** **Fruit Tart**	**Omelette or chicken drumsticks & chips** **Fruit cream**
Supper and available through the night	**Milky drinks, tea, coffee, sandwiches, toast or biscuits**	**Milky drinks, tea, coffee, sandwiches, toast or biscuits**	**Milky drinks, tea, coffee, sandwiches, toast or biscuits**	**Milky drinks, tea, coffee, sandwiches, toast or biscuits**	**Milky drinks, tea, coffee, sandwiches, toast or biscuits**	**Milky drinks, tea, coffee, sandwiches, toast or biscuits**	**Milky drinks, tea, coffee, sandwiches, toast or biscuits**